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On The Edge With OPTM

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Fabrice Rockich, DPT, OCS, CSCS Dan Vold, MPT, OCS Nicole Goodwin, MPT
Susan Casner-Kay, MS, PT, OCS Harold Benich, MPT, OCS Paul Norquist, MPT
Optimum Performance Through Movement

OPTM Proudly Announces New Board Certified Orthopedic Specialists

CONGRATULATIONS TO OUR NEW ORTHOPEDIC SPECIALISTS

Optimal Performance Through Movement (OPTM) Sports and Physical Therapy was opened in 1990 with the vision of providing therapy, which was based on current evidence and with the commitment to professional evolution and growth. Recently, **Dan-Vold, Fabrice Rockich** and **Harry Benich**, became Orthopedic Certified Specialists (**OCS**) as recognized by the American Physical Therapy Association. Also, within the last year, Fabrice was certified as a strength and conditioning specialist (**CSCS**) and Harry was certified as a **Pilates' Rehabilitation Specialist**.

These achievements are yet another example of our commitment to serve you and with state-of-the-art physical therapy. OPTM will always provide care with only highly qualified professional therapists, and never with assistants or aides. Our promise to our referral sources and patients shall continue to be: **to provide a safe and comforting environment in which the highest level of professional care will be provided.**



Fabrice Rockich, DPT, OCS, CSCS, received his Bachelor of Arts degree in Human Biodynamics from the University of California at Berkeley. In 1998, he earned a Doctorate of Physical Therapy degree from University of Southern California. He became certified as a strength and conditioning specialist in 2000. He has practiced physical therapy at OPTM since 1998.

Dan Vold MPT, OCS received his Bachelor of Science degree in Nutritional Science from the University of California at Davis. In 1992, he earned a Master of Physical Therapy degree from the Mayo Clinic School of Health Related Sciences. He completed a one year Norwegian approach orthopedic manual therapy program at the Institute of Orthopedic Manual Therapy in Boston, MA, in 1993. He has practiced physical therapy at OPTM since 1995.



Harry Benich, MPT, OCS, graduated summa cum laude with a Bachelor of Science degree in Physical Therapy from California State University at Fresno in 1992 and received a Master of Physical Therapy degree in 1994. In 1999, he completed a one year Australian approach orthopedic manual therapy program in Santa Cruz, CA, with John Seivert PT, GDMT. He became a certified Practitioner of Pilates for Rehabilitation in 2001. He has practiced physical therapy at OPTM since 2000.