

OPTM Physical Therapy Group wishes you the BEST!

OPTM wishes you the best health and peace in 2008. We need to keep a healthy perspective about the world today. With all the possible negative energy, we must strive to remember to count our blessings and be thankful we have the ability to help people live a better life. It truly is a gift, and for us, we treasure the opportunities to bring some happiness into the world.

A new year is here and with it comes the bushel basket full of economic pressures and changes. We have expanded our business office to 8 people to keep up with the nuances of the insurance industry and help your patients stay informed of their benefits. We attempt to schedule appointments within 48 hours of the initial contact unless special situations exist. We have centralized our business office to help you and your patients access information more efficiently. Of course, these changes initially cause some confusion, but the system will soon become more effective.

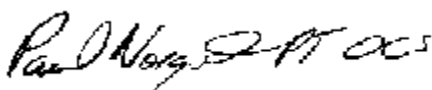
In 2007, our referral base expanded to 362 physicians, an increase of almost 20%. We have been able to decrease the average number of visits per referral to 10; a decrease of 10% in the last 2 years. We provide all people with programs to help care for themselves independently. Your confidence in our ability to help your patients brings a responsibility to us to continue to provide the most current therapy available.

OPTM is proud that many of our 13 therapists have been with us for over 6 years. We continue to spice the group with new therapists who bring in fresh ideas and information. Most of us have advanced certifications in biomechanical approaches to exercise, manual therapy and musculo-skeletal rehabilitation and 8 have doctoral degrees. We also offer additional programs in Pilates' exercise, Return to Golf with physical limitations, Ergonomics and Sportsmetrics, a specific biomechanical analysis of lower extremity function to aid in the care and prevention of injuries.

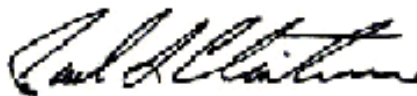
Professional education is essential to premier therapy. We continue to have monthly programs on a variety of topics in musculo-skeletal function and pathology. These are practical so the information can be immediately used with your patients. We discuss the protocols which have been collected from a large population of local surgeons to ensure that patients receive the desired post-surgical care. All therapists have a common knowledge base and philosophy. Thus, if it is necessary for a patient to receive care from a different therapist in order to accommodate their schedule, the continuity of care remains intact.

You have been a large contributor to our success. To enhance our service to you and your patients, we have recently added an office to service the Willow Glen/Central San Jose area and to complement our offices in Saratoga and Los Gatos. Hopefully, this geographic location will allow for your patients to conveniently access their therapy care.

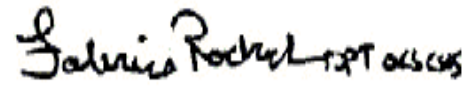
We have been very fortunate to be associated with a very fine medical community and we count our blessing for this good fortune. May you have many successes in 2008.



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