

OPTM Physical Therapy Group Wishes you a Happy New Year

2010 will be another year of challenges. Possibly a new healthcare system, ubiquitous economic pressures, wars and other disasters fill our minds. With all of this, how do we remain positive and continue to improve our world? We must remind ourselves daily of the good fortune to have been born in the United States, with all of our opportunities, and to have the ability to help people. Life is not about stacking one day on top of another, it is a process of building a monument of a better world.

2009 was a busy year at OPTM. Fabrice Rockich and Paul Christensen completed the final step of their partnership in the Saratoga office. Fabrice is now the sole owner and Saratoga is no longer a member in the OPTM Physical Therapy Group. We will continue to have a peripheral relationship in some areas.

We are proud and very fortunate to continue to serve over 330 referring physicians in our Los Gatos and Willow Glen offices. The San Jose Business Journal recognized us as one of the largest providers of therapy in Santa Clara County. The confidence in our services is cherished and we will continue to earn the professional respect by providing care consistent with current best practices measures.

Our average number of visits to discharge was 10. When a person is referred to us, our ultimate goal is for them to recover quickly and provide them with adequate education to become independent with their care.

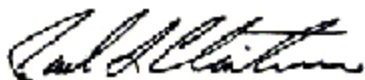
OPTM follows the golden rule in regards to customer service. We will schedule an initial appointment for everyone within 48 hours of their initial call. We will accommodate their schedule or, if they prefer, they may schedule with the same therapist for all appointments. We will always do what it takes to accommodate a specific physician request. Our business office continues to provide complete information and billing services to all patients. This keeps them informed of the financial information, which is very important in our economic climate.

OPTM will continue to be a provider for Blue Cross, Blue Shield, Medicare and many other insurers. Although a few of these companies have drastically cut reimbursement, we will always provide care up to our standards of excellence.

We wish you the very best of health and success in 2010. Count your blessing daily and practice a positive approach to life. Sustained thought can overcome any obstacle.

PRACTICE MAKES PERFECT!

All of the best,



Paul Christensen, DPT, OCS, ATC



Paul Norquist, MPT, OCS

KEEPING FIT WITH OPTM
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